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*The Center for Mindfulness and Consciousness Studies  
at the University of Pittsburgh presents the third annual*

# Mindfulness Fair

**Saturday, April 7<sup>th</sup> 2018, 10am-4:00pm**  
**Falk Laboratory School, 4060 Allequippa St., Pittsburgh, PA 15213**

*The Fair will showcase resources and activities available to both the campus community and the Pittsburgh region. Lunch and refreshments will be provided. Admission is free.*



Website: [MindfulnessPitt.org](http://MindfulnessPitt.org)

Email: [MindfulnessPitt@pitt.edu](mailto:MindfulnessPitt@pitt.edu)

Facebook Event: [Pitt Mindfulness Fair](#)

*"Mindfulness isn't difficult. We just need to remember to do it."*

*---Sharon Salzberg*